

TRAVEL • CULTURE • STYLE • ADVENTURE • ROMANCE!

PASSPORT

INSIDER'S GUIDE
NEW DELHI

WHAT'S NEW ON
CURACAO

GOING GREEN IN
LONDON

PROTECTING THE PLANET
COSTA RICA

DISCOVERING GAY
CAMBODIA

GLOBETROTTING
CARMEL VALLEY

HOTEL THERAPY
VIEQUES ISLAND

APRIL 2012
USA \$4.95 CANADA \$5.95



**FLIGHT ATTENDANTS'
BEST-KEPT SECRETS!**

CURVE OF THE FUTURE

The future has arrived and now you can wear it at the end of your arm. The **Phosphor World Time** watch uses e-ink technology, just like the e-reader you carry on your travels and can display two time zones simultaneously. It has an ultra-thin, curved face more in harmony with your body's shape than most watches, and the luxury chronometer assure accuracy when you choose one or more of 24 time zones to track. This timepiece is made to go where you go, is water resistant, and sturdy with an integrate leather, polyurethane, or metal band. With a watch this innovative, you are staying ahead of the curve. \$130-\$175. www.phosphorwatches.com



BRAIN ENHANCEMENT

If your personal anthem has lately shifted from an inspirational power ballad to something more like the Scarecrow's "If I Only Had a Brain," you're not alone. With information overload bogging us down, we actually tend to retain less these days and forget more. **OZ Brain Enhancement** is a doctor-created supplement that delivers scientifically advanced brain-boosting natural elements like Ginkgo Biloba, DMAE, and Choline. The orange-flavored powder packs are added to water, or can be poured directly onto your tongue or over food. The combination of ingredients supports optimal brain function and blood flow to the brain, increases your vitality, as well as memory and concentration, and stimulates new brain cell production. It is quick acting without making you jittery, and is safe to use regularly. 30 stick packets, \$59. www.ozgarcia.com



AROMATHERAPY

When the daily grind has ground you to dust, and those small annoyances start taking too much attention, pass up the pill bottle and go natural. **Organic Aromatherapy Sticks** by **Bath by Bettijo** are easy-to-use, travel-friendly, roll-on serums. Certified organic essential oils combat issues like insomnia, fatigue, stress, and headaches. Each of four unique blends: Sleep, Energy, Peace, and Relief, delivers a potent dose of aroma-therapeutic oils that you apply, mess-free, to wrists and temples for a dose of good feeling. Lavender, cedarwood, citrus, bergamot, eucalyptus, spearmint, peppermint, you'll find a cornucopia of herbal and medicinal elements that many cultures have used for years to combat daily stress and strain. This is universal healthcare that doesn't require an insurance card or in-plan referral. \$18.50 each or set of four \$65. www.bathbybettijo.com

