

Florida
Circulation: 70,244
April 2009

STATEWIDE ENTERTAINMENT CALENDAR AND DINING GUIDE

INTERNATIONAL MAGAZINE FLORIDA

PEOPLE 2009 100 INDIVIDUALS PUSHING FLORIDA INTO THE FUTURE

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MAN REDEFINES RETAIL

RECESSION SURVIVAL
7 INVESTMENTS TO CONSIDER

PLUS: NEW HOTEL DEALS
STAR SPA TREATMENTS &
THE HOTTEST NEW SHOWROOMS
IN THE STATE

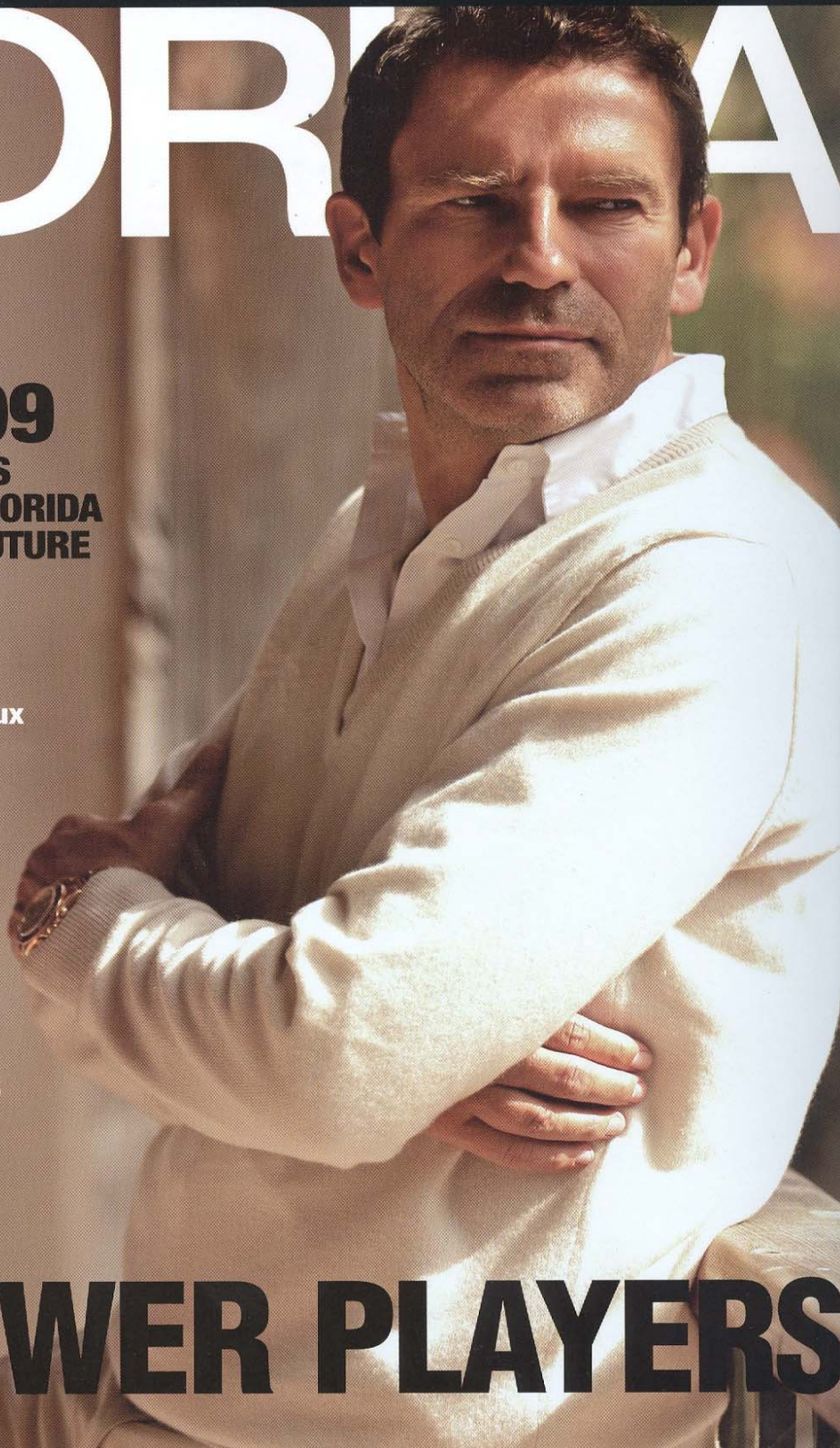
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PAGE 128

APRIL 2009



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POWER PLAYERS



PEOPLE OF LIKE MIND 2009



OZ GARCIA**Celebrity Nutritionist, Miami**

A far cry from his previous life as a successful fashion photographer in New York City, Oz Garcia has been dubbed "Nutritionist to the Stars" with good reason. After he started suffering from debilitating migraines, Garcia embarked on a journey to find a cure that included no prescription drugs. After studying at the Kushi Institute for Macrobiotics, the Hippocrates Institute for Herbology and the Kelly Institute for Metabolic Nutrition, he found his niche as one of the leading authorities on longevity and progressive nutrition. A three-time marathon competitor, Garcia has published two books outlining a variety of ways to look and feel younger through diet and exercise. His third, slated to come out in December, focuses on the no-plastic-surgery stance, and how to survive without it. His client list speaks for itself and includes everyone from entertainers to *Fortune* 500 CEOs. ▸