

Go!

UPCOMING SOCIAL EVENTS

Social Set-Up

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RENEW THE SPA AT THE JAMES ROYAL PALM PRESENTS WELLNESS WEEKEND

This weekend September 20-22, **renew the spa** at The James Royal Palm is pleased to offer a spe-

cial Wellness Weekend health-focused CEOs and A-listers, Winona Ryder and optimize wellness experts. Wellness occur from 20. "A Healthier, Happier YOU" Interactive Session on the shaded Yoga Deck 10:00 to 11:00 a.m., Saturday, September 21. Poolside "Juicing for Health and Beauty" session in which Dr. Oz Garcia and Dr. Maritza Paz will walk guests through the art of juicing, sharing health and beauty benefits, and providing simple home juicing recipes 1:00 to 1:30 p.m. Saturday, September 21. One-on-One Consultation to personalize a customized health and wellness program. Noon to 6:00 p.m. Saturday and Sunday (21st and 22nd). Wellbeing Treatments at renew the spa are Noon to 6:00 p.m. Saturday and Sunday September 22. The Relaxing Beach Yoga, followed by a Stress Solutions session with Dr. Oz Garcia is 10:00 to 11:30 a.m. Sunday September 22. Packages and pricing for All-Access to the Wellness Weekend is \$299 per person, includes access to VIP Cocktail Reception; all classes, tastings and seminars; choice of one wellness treatment; a wellness gift bag; complimentary valet parking; and access to the James Royal Palm Pool and Beach. You can also Customized your Wellness Weekend pricing includes "Juicing for Health and Beauty" for \$50; "A Healthier, Happier YOU" for \$10; "Stress Solutions and Beach Yoga" for \$100; and One-on-One Consultation for \$450. To book your spot go to: www.jameshotels.com/miami/special-offers/miami-specials/exclusive-wellness-weekend-1.7891 or call 305-604-5700 at ask for renew the spa.

BLT STEAK & GRUYERE

More than 160 lighted to join a campaign, from steakhouse fare to locally created food will be available contact 305.673.1789

DUFFY'S 5PM

On Friday, Sept 20, Duffy's Back to School Groove! To kick off the evening radio 97.3x RVJ Show visit: duffys5pm.com/090913pove.

SMITH & WOLLENSKY CELEBRATES NATIONAL WINE WEEK

Smith & Wollensky is celebrating National Wine Week from September 16-20 with Proceeds Benefiting Keep Memory Alive and Cleveland Clinic Lou Ruvo Center for Brain Health. Sample 10 international and domestic wines during the 53rd National Wine Week for \$20 while enjoying the best views on South Beach. As part of the restaurant's "Catch an Early Flight" promotion, each day a different theme will focus around the wines poured during lunch from Wine Week partners Ferrarini, Gerard Bertrand, Jordan, vibrant Rioja Spain and Wines of South Africa. For more information about the 53rd National Wine Week, visit: www.smithandwollensky.com/liquid-assets.

MAXIM MAGAZINE HOTTIES!!!

On Saturday September 21 from 10:00 p.m. to 2:00 a.m., Maxim Magazine, Hyde Beach, Backberry and GARNIER FRUCTIS STYLE, along with Miami's own former hometown Hottie and TV personality Lisa Morales will be hosting an evening party, like only Maxim could do, to unveil the 10 national hotties for the annual competition. 305.534.8455 www.maxmag.com (mention Miami

RENEW THE SPA AT THE JAMES ROYAL PALM PRESENTS WELLNESS WEEKEND

This weekend September 20-22, **renew the spa** at The James Royal Palm is pleased to offer a special Wellness Weekend curated by esteemed nutritionist and wellness expert Dr. Oz Garcia, whose health-focused anti-aging treatments have earned a celebrity clientele consisting of Fortune 100 CEOs and A-listers like Heidi Klum, Gwyneth Paltrow, Karolina Kurkova, Hilary Swank, Kim Cattrall, Winona Ryder, Veronica Webb and Naomi Campbell. Learn how to restore your inner energy and optimize your health through personal access to one of the country's most sought-after wellness experts. **Wellness Weekend** events with Dr. Oz Garcia include: **VIP Cocktail Reception** on the private oceanfront terrace, including clean living-inspired gourmet bites and photo ops. **7-9pm FRI Sept 20. "A Healthier, Happier YOU"** Interactive Session on the shaded Yoga Deck **10:00 to 11:00 a.m., Saturday, September 21.** Poolside **"Juicing for Health and Beauty"** session in which Dr. Oz Garcia and Dr. Maritza Paz will walk guests through the art of juicing, sharing health and beauty benefits, and providing simple home juicing recipes **1:00 to 1:30 p.m. Saturday, September 21.** **One-on-One Consultation** to personalize a customized health and wellness program. **Noon to 6:00 p.m. Saturday and Sunday (21st and 22nd).** Wellbeing Treatments at renew the spa are **Noon to 6:00 p.m. Saturday and Sunday September 22.** The **Relaxing Beach Yoga**, followed by a **Stress Solutions** session with Dr. Oz Garcia is **10:00 to 11:30 a.m. Sunday September 22.** Packages and pricing for **All-Access to the Wellness Weekend** is \$299 per person, includes access to VIP Cocktail Reception; all classes, tastings and seminars; choice of one wellness treatment; a wellness gift bag; complimentary valet parking; and access to the James Royal Palm Pool and Beach. You can also **Customized your Wellness Weekend** pricing includes "Juicing for Health and Beauty" for \$50; "A Healthier, Happier YOU" for \$10; "Stress Solutions and Beach Yoga" for \$100; and One-on-One Consultation for \$450. To book your spot go to: www.jameshotels.com/miami/special-offers/miami-specials/exclusive-wellness-weekend-1.7891 or call 305-604-5700 at ask for renew the spa.

n with a dedicated dinner honoring authentic culinary journey through pairings priced at \$50 per person. dine with Antoinette Wines presented (Cecilia Livonessi, Tuscan version of the and herbed crostini bread), Pesto " duck breast with apricot jam and Il Tiramisù, prepared like Grandma ate the Italian Harvest Season with Piemonte and Umbria. To make a tch.com or 305.534.8455.

to the Gables or South Beach for a seafood & steakhouse opened its first steaks and fresh ocean fare, served a executive chef Scott Barrow, who go to IL for the past 12 years. With its in Seafood & Steak is perfectly position. Devon Seafood & Steak is abundant free parking is available.

5F MERRICK PARK

his second year at the mall. The 3-September 20-22, attracting hand-designer items. In it's sixth year, to of \$100,000 after raising an out-line fundraiser benefits Coconut vital services including after-school care Community. The designer asks St. Gucci, Diane von Furstenberg, anthropologists and community lead-El Codina and many more